



## Recreation

Recreation comes out of the Capacity Building Budget of your NDIS funding and should be discussed with your NDIS Planner at your child's Planning meeting.

There are many inclusive options for your child to participate in recreational activities, from sport, art and craft, music and more. If your child needs assistance to effectively engage with a recreational activity you can engage a support worker to assist your child to participate in their chosen activity. You can put this into your NDIS Plan under 'accessing the community'.

	<p><b>DADAA</b></p> <p>Creative arts for people with disability to participate in many specialised arts-based experiences including art, performance, circus and music.</p> <p>Tel: (08) 9430 6616 <a href="http://www.dadaa.org.au">www.dadaa.org.au</a></p>
	<p><b>Cahoots</b></p> <p>Exciting, fun-filled camps for children and young people with a disability, creating inclusive opportunities to develop friendships, skills and confidence.</p> <p>Tel: (08) 9240 6928 <a href="http://www.cahoots.org.au">www.cahoots.org.au</a></p>
	<p><b>WA Disabled Sports Association (WADSA)</b></p> <p>An extensive range of inclusive and adapted sport and recreation programs for people with disability as well as individual and family camps.</p> <p>Tel: (08) 9470 1442 <a href="http://www.wadsa.org.au">www.wadsa.org.au</a></p>
	<p><b>HorsePower Australia</b></p> <p>Suitable horses, trained volunteers, accredited coaches, riding and safety equipment to run a range of equestrian activities for people with disabilities.</p> <p>Tel: (08) 9296 4655 <a href="http://www.horsepower.org.au">www.horsepower.org.au</a></p>
	<p><b>Autism West</b></p> <p>Opportunities for young people to connect with others through special interest programs and social groups to develop social skills, friendships, resilience and leadership skills.</p> <p>Tel: (08) 9431 2111 <a href="http://www.autismwest.org.au">www.autismwest.org.au</a></p>



Recreation comes out of the Capacity Building Budget of your NDIS funding and should be discussed with your NDIS Planner at your child's Planning meeting.



#### Starkick

Inclusive, all abilities football for girls and boys, aged between 5 and 12 years, who may need extra support or time to achieve their goals, supported by a team of volunteers.

[www.starkick.com.au](http://www.starkick.com.au)



#### Rebound WA

Help for people with physical disability to rebound from adversity with a wide range of sports, recreational activities and events.

Tel: (08) 6143 5800 [www.reboundwa.com](http://www.reboundwa.com)



#### WA Disabled Surfers Association

The Disabled Surfers Association supports people with any disability to learn or renew their interest in surfing. **Ocean Heroes** also provide surf lessons for children with autism, ([www.oceanheroes.com.au](http://www.oceanheroes.com.au))

[www.disabledsurfers.org](http://www.disabledsurfers.org)

For more information, contact one of our friendly Family Support Officers, all of whom have personal experience of raising a child with additional needs.



#### Family Resource Centre

(Open 9.30am - 4.30pm, Monday to Friday)  
Ground Floor, Perth Children's Hospital  
15 Hospital Avenue, Nedlands WA 6009

t Phone: (08) 6456 0035

e [kalparrinwa@health.wa.gov.au](mailto:kalparrinwa@health.wa.gov.au)

w [www.kalparrin.org.au](http://www.kalparrin.org.au)



Kalparrin is a not-for-profit organisation and Western Australia's oldest and largest member organisation, supporting parents caring for children with a disability, developmental delay, genetic, chronic medical or health condition.

Kalparrin is endorsed as a deductible gift recipient (DGR) under item 1 of the Income Tax Assessment Act 1997.

## BECOME A MEMBER

Membership to Kalparrin is FREE and provides parents with access to a vast array of information, resources, opportunities and inclusive, family events as well as connection to a community of thousands of other parents supporting children with additional needs.

**JOIN NOW**

